



# 2011-2012 TIME STANDARDS



GIRLS						10 & U	BOYS					
SCY		LCM		SCM			SCY		LCM		SCM	
State	Divisional	State	Divisional	State	Divisional		State	Divisional	State	Divisional	State	Divisional
0:31.39	0:37.09	0:35.89	0:42.39	0:34.69	0:40.99	50 Free	0:31.59	0:37.29	0:35.89	0:42.39	0:34.59	0:40.89
1:09.39	1:21.89	1:20.29	1:34.79	1:15.59	1:29.29	100 Free	1:10.29	1:22.99	1:20.29	1:34.79	1:17.69	1:31.69
2:32.59	3:00.09	2:55.09	3:26.69	2:47.09	3:17.19	200 Free	2:33.39	3:01.09	2:52.79	3:23.89	2:49.59	3:20.19
0:36.89	0:43.59	0:42.89	0:50.69	0:40.69	0:48.09	50 Back	0:37.09	0:43.79	0:43.39	0:51.29	0:40.89	0:48.29
1:18.69	1:32.89	1:32.89	1:49.69	1:27.09	1:42.79	100 Back	1:20.89	1:35.49	1:34.29	1:51.29	1:28.59	1:44.59
0:41.69	0:49.19	0:48.69	0:57.49	0:45.99	0:54.29	50 Breast	0:43.19	0:50.99	0:50.39	0:59.49	0:47.69	0:56.29
1:31.29	1:47.79	1:46.59	2:05.79	1:40.69	1:58.89	100 Breast	1:33.59	1:50.49	1:48.89	2:08.49	1:43.39	2:02.09
0:35.29	0:41.69	0:41.49	0:48.99	0:38.69	0:45.69	50 Fly	0:36.29	0:42.89	0:41.99	0:49.59	0:40.19	0:47.49
1:22.99	1:37.99	1:38.79	1:56.59	1:31.79	1:48.39	100 Fly	1:24.19	1:39.39	1:41.79	2:00.19	1:33.09	1:49.89
2:50.79	3:21.59	3:18.49	3:54.29	3:08.79	3:42.79	200 IM	2:52.89	3:24.09	3:20.99	3:57.19	3:10.09	3:44.39
2:16.29		2:41.29		2:29.19		200 Free Relay	2:20.29		2:46.59		2:33.69	
2:35.39		3:06.49		2:50.19		200 Medley Relay	2:43.39		3:17.09		2:58.59	
SCY		LCM		SCM		11-12	SCY		LCM		SCM	
State	Divisional	State	Divisional	State	Divisional		State	Divisional	State	Divisional	State	Divisional
0:27.79	0:32.79	0:31.69	0:37.39	0:30.49	0:35.99		50 Free	0:27.99	0:33.09	0:32.39	0:38.29	0:30.79
1:00.39	1:11.29	1:08.59	1:20.99	1:06.09	1:17.99	100 Free	1:01.29	1:12.39	1:11.19	1:24.09	1:07.19	1:19.29
2:11.39	2:35.09	2:29.99	2:56.99	2:23.79	2:49.69	200 Free	2:14.99	2:39.29	2:34.09	3:01.89	2:28.39	2:55.19
5:48.39	6:51.19	5:18.19	6:15.49	5:04.89	5:59.79	400M / 500Y Free	5:59.09	7:03.79	5:29.99	6:29.39	5:14.29	6:10.89
0:32.39	0:38.29	0:37.59	0:44.39	0:35.59	0:42.09	50 Back	0:32.99	0:38.99	0:38.39	0:45.39	0:36.19	0:42.79
1:08.89	1:21.29	1:20.39	1:34.89	1:15.59	1:29.29	100 Back	1:11.19	1:24.09	1:23.09	1:38.09	1:17.99	1:32.09
0:36.29	0:42.89	0:41.99	0:49.59	0:39.79	0:46.99	50 Breast	0:36.99	0:43.69	0:43.69	0:51.59	0:40.69	0:48.09
1:18.29	1:32.39	1:31.99	1:48.59	1:25.89	1:41.39	100 Breast	1:21.89	1:36.69	1:35.09	1:52.29	1:29.79	1:45.99
0:30.59	0:36.19	0:34.89	0:41.19	0:33.59	0:39.69	50 Fly	0:31.59	0:37.29	0:36.49	0:43.09	0:34.69	0:40.99
1:09.79	1:22.39	1:20.19	1:34.69	1:16.49	1:30.29	100 Fly	1:12.29	1:25.39	1:25.39	1:40.79	1:19.99	1:34.39
2:27.59	2:54.19	2:50.19	3:20.89	2:41.49	3:10.59	200 IM	2:32.59	3:00.09	2:59.99	3:32.39	2:46.99	3:17.09
1:56.99		2:15.29		2:08.69		200 Free Relay	2:02.19		2:24.39		2:13.89	
2:11.69		2:34.59		2:24.29		200 Medley Relay	2:19.39		2:47.89		2:32.49	
SCY		LCM		SCM		13-14	SCY		LCM		SCM	
State	Divisional	State	Divisional	State	Divisional		State	Divisional	State	Divisional	State	Divisional
0:26.39	0:31.19	0:30.19	0:35.69	0:28.99	0:34.29		50 Free	0:24.69	0:29.19	0:28.69	0:33.89	0:27.09
0:57.49	1:07.89	1:05.49	1:17.29	1:03.09	1:14.49	100 Free	0:54.09	1:03.89	1:02.59	1:13.89	0:59.29	1:09.99
2:05.19	2:27.79	2:21.99	2:47.59	2:17.09	2:41.79	200 Free	1:58.89	2:20.29	2:17.89	2:42.79	2:10.19	2:33.69
5:31.39	6:31.09	5:02.59	5:57.09	4:54.69	5:47.79	400M / 500Y Free	5:17.49	6:14.69	4:54.59	5:47.69	4:37.89	5:27.99
11:44.69		10:35.99		10:17.39		800M / 1000Y Free	11:24.69		10:19.09		9:59.19	
19:46.19	23:19.79	20:18.19	24:10.59	19:41.49	23:14.19	1500M / 1650Y Free	19:04.79	22:36.49	20:02.49	23:40.79	18:57.99	22:28.29
1:05.09	1:16.89	1:15.79	1:29.49	1:11.69	1:24.59	100 Back	1:02.89	1:14.29	1:14.49	1:27.99	1:09.39	1:21.89
2:20.19	2:45.49	2:43.49	3:12.99	2:33.39	3:01.09	200 Back	2:16.19	2:40.79	2:39.99	3:08.79	2:30.49	2:57.59
1:14.39	1:27.79	1:27.89	1:43.79	1:21.79	1:36.59	100 Breast	1:10.89	1:23.69	1:23.79	1:38.89	1:17.89	1:31.99
2:42.09	3:11.29	3:08.89	3:42.89	2:57.09	3:28.99	200 Breast	2:35.79	3:03.89	3:02.99	3:35.99	2:51.69	3:22.59
1:04.59	1:16.29	1:14.19	1:27.59	1:10.69	1:23.49	100 Fly	1:01.59	1:12.69	1:11.49	1:24.39	1:08.59	1:20.99
2:27.89	2:54.59	2:51.39	3:22.29	2:43.49	3:12.99	200 Fly	2:24.09	2:50.09	2:44.79	3:14.49	2:39.09	3:07.79
2:21.89	2:47.49	2:42.99	3:12.39	2:35.39	3:03.39	200 IM	2:15.59	2:40.09	2:37.69	3:06.09	2:28.39	2:55.19
4:59.59	5:53.59	5:50.09	6:53.19	5:27.79	6:26.79	400 IM	4:47.59	5:39.39	5:40.39	6:41.69	5:16.39	6:13.39
1:50.19		2:06.89		2:00.99		200 Free Relay	1:45.79		2:08.49		1:57.19	
2:05.29		2:26.19		2:18.19		200 Medley Relay	1:59.69		2:29.89		2:11.09	
3:59.59		4:28.99		4:23.09		400 Free Relay	3:48.99		4:22.69		4:13.49	
4:23.39		5:08.19		4:50.59		400 Medley Relay	4:18.99		5:14.99		4:43.59	
SCY		LCM		SCM		SENIOR	SCY		LCM		SCM	
State	Divisional	State	Divisional	State	Divisional		State	Divisional	State	Divisional	State	Divisional
0:25.69	0:30.39	0:29.19	0:34.49	0:28.19	0:33.29		50 Free	0:22.69	0:26.79	0:26.09	0:30.79	0:24.89
0:55.69	1:05.79	1:02.79	1:14.09	1:01.09	1:12.09	100 Free	0:49.79	0:58.79	0:56.59	1:06.79	0:54.59	1:04.49
2:01.49	2:23.39	2:17.49	2:42.29	2:13.09	2:37.09	200 Free	1:50.29	2:10.19	2:05.39	2:27.99	2:00.79	2:22.59
5:29.19	6:28.49	4:49.99	5:42.19	4:52.69	5:45.39	400M / 500Y Free	5:01.99	5:56.39	4:28.89	5:17.29	4:24.29	5:11.89
11:25.79		10:02.09		10:00.79		800M / 1000Y Free	10:43.09		9:26.59		9:22.79	
19:25.69	22:55.59	19:35.59	23:07.29	19:21.09	22:50.09	1500M / 1650Y Free	18:08.19	21:24.09	18:16.29	21:33.69	18:01.69	21:16.39
1:03.49	1:14.99	1:13.59	1:26.89	1:09.99	1:22.59	100 Back	0:57.19	1:07.49	1:06.79	1:18.89	1:03.09	1:14.49
2:19.09	2:44.19	2:39.59	3:08.39	2:32.19	2:59.59	200 Back	2:06.19	2:28.99	2:26.19	2:52.59	2:19.49	2:44.69
1:12.89	1:26.09	1:23.59	1:38.69	1:20.19	1:34.69	100 Breast	1:04.89	1:16.59	1:14.79	1:28.29	1:11.29	1:24.19
2:38.59	3:07.19	3:01.19	3:33.89	2:53.19	3:24.39	200 Breast	2:23.39	2:49.29	2:46.49	3:16.49	2:38.09	3:06.59
1:02.39	1:13.69	1:10.49	1:23.19	1:08.29	1:20.59	100 Fly	0:55.49	1:05.49	1:02.19	1:13.39	1:01.79	1:12.99
2:24.49	2:50.59	2:42.29	3:11.59	2:39.69	3:08.49	200 Fly	2:07.29	2:30.29	2:27.99	2:54.69	2:20.59	2:45.99
2:18.59	2:43.59	2:36.19	3:04.39	2:31.79	2:59.19	200 IM	2:05.29	2:27.89	2:21.29	2:46.79	2:17.09	2:41.79
4:59.49	5:53.49	5:38.59	6:39.59	5:27.69	6:26.69	400 IM	4:32.09	5:21.09	5:11.99	6:08.19	4:59.39	5:53.29
3:53.09		4:25.19		4:15.99		200 Free Relay	3:27.59		4:00.39		3:49.89	
3:53.09		4:25.19		4:15.99		400 Free Relay	3:27.59		4:00.39		3:49.89	
8:32.89		9:34.99		9:25.79		800 Free Relay	7:41.89		9:01.59		8:25.79	
4:22.19		4:53.49		4:49.29		200 Medley Relay	3:52.39		4:27.59		4:14.49	
4:22.19		4:53.49		4:49.29		400 Medley Relay	3:52.39		4:27.59		4:14.49	

Shading indicates a new/faster time

Rev 1

10/11/2011

New for 2011-12: The Senior State 200 Free Relay & 200 Medley Relay, please use the 400 Free & 400 Medley cuts until the formula can be use (4 years).